

LAMB & WOOL

A Newsletter For The Iowa Sheep Industry / March - 2010

Think Spring!

THINK FESTIVAL!

You won't get much argument from anyone living in Iowa that this winter has been a long drawn out affair and we are all looking forward to spring. With spring comes the Iowa Sheep & Wool Festival an exciting celebration of our industry. If you haven't placed it on your calendar, do it now - June 12-13, 2010 at the Dallas County Fairgrounds, Adel, Iowa.

Added to the favorites on Saturday this year will be the Midwest Jacob Sheep Show featuring this interesting, rare breed that sport black and white fleeces, prominent horns and badger-looking face. Their fleece is especially prized by spinners.



The always popular sheepdogs will be returning to the festival with a sanctioned trial on Saturday and herding dog demonstrations on Saturday and Sunday. Whether you use herding dogs or just love to watch they are guaranteed to amaze you.

Chef Ken Dunn will be back again to wow us at the Lamb Cooking Demonstration where we sample his new creations and the Lamb Lovers' Feast. The Feast has come to be a wonderful evening of celebration with new friends and old, easy listening dinner music and a fabulous lamb dinner. You will also have an opportunity to bid on a few auction items, one being the original drawing taken from the prize winning photo in last year's Photo Gallery contest.

This is also your opportunity to take part in the ISIA Annual meeting on Saturday. Meet the officers of your organization and be present to voice your opinion and vote.

The Iowa Club Lamb Association will once again sponsor an open market lamb show as well as the Show-back Show for their spring sale at the festival on Sunday, definitely a busy day.

Fiber classes have come to be a mainstay of the festival and Margie Meehan has done it again, lining up a variety of exciting classes for all levels of expertise and interest. Learn to spin, take an all day class on weaving, learn SAORI weaving, braid a rug, or hook a coaster. Explore the world of color in dyeing classes or create a felted bag. Make hats or a basket for pies or your wool! Check out the classes and register now online or request information by calling 712-736-2109. Don't delay, registrations are already being received.

More detail can be found in future issues of the Lamb & Wool newsletter and on the Festival pages at www.iowasheep.com. If you don't have internet access and want to know more call 712-736-2109. If you would like to help with any of these events please contact the ISIA office at 712-736-2109 or info@iowasheep.com.

EVENTS

- Midwest Jacob Sheep Show
- ICLA Open Market Lamb Show and Show-back Show
- Iowa Meat Goat Assn. Open Show
- Sheepdog Trial & Training Demonstrations
- Fiber Classes, Demonstrations & Vendors
- Fleece Show and Silent Auction
- Fleece to Shawl Demonstration
- Hall of Breeds
- Photo Gallery Contest
- Lamb Lovers' Feast
- Lamb Cook-Off
- Lamb Cooking Demonstration
- Sheep & Goat Education Seminars
- Shearing Demonstrations
- Equipment Displays & Industry Vendors
- Lamb Foodstand

ShortCLIPS by Dan Morrical

Updates from ASI Meeting in Nashville



The last month has been busy with helping producers correct specific production problems within their flocks. Yesterday's phone call was from a producer in Kansas who was contemplating the construction of a lactation barn. The justification was that his lamb loss was about .4 lambs per ewe from the time the ewes leave the small group pens to the large (200 ewe) lactating pens outside without shelter. Lambing large flocks requires that we lamb more than a month or two out the year. For many operations, lambing 6-9 months out of the year is the only way to pay for expensive facilities.

One method for accomplishing this is a technique the Pipestone group calls blitz lambing. In this system they try to lamb 100 to 400 ewes in 5-7 days. Producers then take a well deserved three week break before they lamb the next group. This practice requires that you put twice as many ewes in with that rams than you want to lamb. Pulling the rams after five to seven days gets a lot of ewes lambing in a very concise interval. This system allows one to effectively hire some part time labor. Additionally it allows one to invest in a heated, mechanically ventilated lambing barn.

The next crisis I have been working

on is a large operation in Minnesota that is having problems with urinary calculi in feedlot lambs. It seems they were feeding a ration that contained four times more calcium than phosphorous. Incidence level was almost one percent. Several things may have been contributing to this problem. The severe winter weather and reduced water consumption was no doubt having a major impact. Additionally the owner mentioned that he was concerned that much of the limestone and ammonium chloride might be settling out into the bottom of the self feeders. Additionally the producer indicated the lambs were sorting quite a bit. To assist with reducing separation of the fine particles one could add wet molasses or fat. Neither option works very well in cold weather. I suggested that the producer add two percent water to the mixture to help with separation. The producer really liked this idea as water comes pretty cheap in his parts.

Ration modifications were to drop the calcium level, to a 2:1 calcium phosphorous ratio. Add one percent salt to the ration along with feeding 10 pounds of ammonium chloride per ton. Ration adjustments worked for about 10 days until the producer ran out of mineral to add to the ration. One item

that I have not gotten a report on was if the stones were phosphorous or calcium.

Lambing season is about half over or more for the state. Hopefully you are getting enough sleep. We need to remember the number one cause of death is hypothermia/starvation. Making sure the ewe bonds adequately with her lambs is a critical step in preventing starvation in the lambs. The other aspect is to get the ewes in adequate body condition so that they are ready to lactate. This winter with its snow and cold has made it a lot harder to get short fleeced ewes ready for lambing.

CULL EWE MARKET

Well for some reason the cull ewe market is staying really high. Iowa's winter weather with high prices may encourage some people to exit the sheep business. Culling the open ewes or ewes that have lost their lambs is something producers should consider doing before the market goes down. The lamb market is also showing good strength as we are moving closer to Easter. Better prices will help with the extra feed bills we accumulated this winter with the harsh weather.

LAMBING TIPS

Many producers have finished lambing by now; some are in the middle of their season while others choose to wait until April. Each year it seems there are things we knew last year but forgot this year but there are several things that fall into the "must remember" category. Thinking along those lines, these are some of our must dos at lambing time.

Dipping the naval with 7 percent iodine to prevent naval ill. The iodine is expensive but not a place to cut corners.

Adequate colostrum during the first 12 hours of life. Lambs are born without antibodies and antibodies in the colostrum pass from the intestines into the blood stream. After birth there is a gradual closure of the intestine to the passage of antibodies which is completed by about 12 hours after birth. Ideally, lambs should receive 10 percent of their

body weight in the first 24 hours but need a minimum of 4 oz for antibody protection.

Steal colostrum from ewes with singles and freeze it in 6-8 ounce portions in a pint freezer bag. It stacks easily in the freezer and thaws readily in a pail of hot water from the tap. Never microwave colostrum because the antibodies in colostrum are proteins and can be destroyed if cooked.

Tube feeding lambs has become one of the best tools for saving lambs that we use but never tube a lamb that is unresponsive or chilled. Warm them up first. If you don't know how to tube feed a lamb find someone to teach you or ask Dr. Morrical at the festival in June.

Carry a thermometer. Normal temperature for a lamb is 102 degrees. Hypothermia and starvation are the



number one reasons for lamb death.

The last "must-do" is observation. Study your ewes' and lambs' normal behavior so you can identify problems before they become too serious or multiply. Make all of the lambs get up when you make your rounds and don't assume that a sleeping lamb is okay. A healthy, well fed lamb should awake and stretch upon standing. A starving lamb can appear to be sleeping peacefully and can be dead by the time you make your next rounds.

ISIA Board Meeting held in February

The Iowa Sheep Industry Association Board met via conference call on February 8, 2010. President Steve Bernhard called



the meeting to order at 7:00 p.m. Board members answering roll call: Steve Bernhard, Erlene Leonard, Ben Johnson, Jim Timmins, Gary Erickson, Chris Osborn, Dan Morrical, Leland Shipley and Executive Director Marsha Spykerman.

Motion Made, Seconded and Approved (MMSA) to approve the minutes of the last meeting.

Erlene gave the treasurer's report. MMSA to acknowledge the treasurer's report.

Director's Report by Marsha - She said the American Sheep Industry Association meeting was good and that she served as the Chair for the ASI State Executives. For the youth at ASI, a lamb carcass was cut up to help educate them as to where the cuts come from. Iowa's Mariah Wills placed sixth in the junior division of the Make It With Wool con-

test at Nashville. Marsha reported that she and her husband hosted the ISU Senior Vet students at their farm and served lamb stew for lunch. She reported attending several meetings, worked on the newsletters, membership, the festival and selling ads for the festival booklet.

Dan's report - at the ASI convention it was suggested to use Pipestone Lamb & Wool as a model to increase sheep numbers. He has twenty-one students in his Advanced Sheep Production Class. They toured Iowa Lamb Corporation and Tyson Rule's lambing facilities in Hawarden and will go to Premier in Washington in April. Some ISU positions are being filled; student numbers are up; and five to ten percent of the budget cuts were restored by the governor. Dan said the sheep teaching flock will be retained and maintained and we have been reassured that Dr. Curt Youngs and Dr. Dan Morrical's posi-

tions are important at ISU.

Steve said that asking for state funding for Sheep Center doesn't really look favorable at this time because of the budget cuts. Dan sent emails to others in similar positions in the Midwest suggesting they work on a regional sheep center.

Steve said director search committee will interview candidates on February 12, 2010.

Ben Johnson has agreed to serve again on the ISU External Advisory Committee.

Marsha reported that proposed bills to amend the Code of Iowa regarding ultrasound technicians have received study numbers in the Iowa House and Senate as of today.

ISIA has received inquiries on making banner-type advertising available on the webpage. Discussion was held and MMSA to offer banner ads for \$100 per month.

MMSA to re-nominate Dan Morrical to the ASI Production Education and Research Council and Marsha Spykerman to the ASI Lamb Council.

MMSA to offer two \$200 reg-

istration scholarships to ISIA members accepted to the 2010 Howard Wyman Leadership School.

MMSA to dedicate the 6th Annual Iowa Sheep & Wool Festival to Jim Timmins.

Industry Service, Restaurant and Media Awards will be considered at the next meeting.

MMSA to donate \$200 to the State Center Rose Festival Lamb Cookoff if the Iowa Sheep & Wool Promotion Board approves a proposal providing lamb legs for the event as they have in the past. Proposal will be presented at the April ISWPB meeting.

Marsha reported the Festival planning is going good and the Midwest Jacob Sheep Show has been added this year on Saturday at 11:00 a.m.

The next meeting will be a face-to-face meeting at Dublin Bay in Ames on March 26th at 11:00 a.m.

Meeting adjourned at 8:30 p.m.

*Respectfully submitted,
Gary M. Erickson,
Secretary*

Iowa Sheep & Wool Promotion board meeting

The Iowa Sheep and Wool Promotion Board meeting was held January 28, 2010 via conference call. Those present: Dave Hofland; Daniel Schmitt; Mary Esther Pullin; Jerry Sorensen; Dan (Rocky) Anderson; Justin Petersen; David Arieux; Dan Morrical, ISU Extension; Marsha Spykerman, ISIA Executive Director and Jean Van Houweling, ISWPB Executive Secretary. Dave called the meeting to order at 7:05 p.m.

Motion Made, Seconded and Approved (MMSA) to approve the minutes of the October 15, 2009 meeting as mailed.

The treasurer's report was reviewed. MMSA to approve the treasurer's report.

The 2009 fiscal year financial records were audited January 13-21, 2010. The comments were about remittances not received on a timely basis. Standard used Iowa Code section 1892.14 reference remittances being received 30 days after end of the calendar quarter. The Board does review the remittances at their quarterly board meetings and contacts made on occasion to delinquent businesses.

The Employee contract agreement was

reviewed and no changes were requested. MMSA for \$350 per month plus board to pay half of social security taxes.

Marsha reported on her activities for last quarter. She reported that work is in full swing on the festival at Adel scheduled for June 12-13, 2010. She also listed upcoming activities and projects she will be involved in. Marsha and Dan Morrical attended the American Sheep Industry Association Annual Convention held in Nashville, Tennessee.

Dan reported that the Sheep Center idea was discussed at the ASI convention. Producers need to decide what the function, focus, and priority of the center should be; possibly and education type center.

Marsha Spykerman, ISIA Executive Director, will be retiring at the end of June. The position was advertised in the Spokesman, Iowa Farmer Today, Farm News and on the ISIA website. Eleven applications have been received and interviews will be held in Ames. In the interview process board member Jerry Sorensen will be the representative for

the ISWPB. ISIA hopes to have a replacement for Marsha working part-time in June and in place full-time by July 1, 2010.

The following funding requests were approved: #592 IFAA scholarship program for youth, funded at half requested amount; #593 ISIA AG Magic Show at 2010 Iowa State Fair; #594 ISIA Annual Iowa Sheep & Wool Festival at Adel - June 12-13, 2010; #595 The 2010 Iowa State Fair "Cooking with Lamb" contest. In addition, ISIA will provide apron, meat thermometer, coupon and recipes to first place, with coupon and recipes for nine additional participants.

Follow-up report was received from IFAA sponsorship awarded to Brittany Jurgemeyer of Rockwell City, Iowa. A picture an award information was received.

The next conference call meeting will be held on April 15th at 7 p.m.

Motion and second to adjourn the meeting. Meeting adjourned at 8:07 p.m.

*Minutes respectfully submitted by:
Jean Van Houweling
Executive Secretary*

Howard Wyman Sheep Industry Leadership School

The annual Howard Wyman Sheep Industry Leadership School, sponsored by the National Lamb Feeders Association will be held in Columbus, Ohio from July 10-14, 2010. Applications for the 2010 school must be submitted by May 1, 2010.

The 2010 Howard Wyman Sheep Industry Leadership School will be an intensive four-day program combining Ohio State University's popular Lamb 509 program with the site tours and one-on-one small group format utilized by previous Leadership Schools. Program coordinators from Ohio State University are: Roger A. High, Dr. Paul Kuber and Dr. Henry Zerby.

The program objective is to provide a greater understanding of meat quality and marketing to enable producers to increase the competitiveness of their lamb products and the profitability of their operations. Participants evaluate live animals, observe harvesting techniques, learn about carcass evaluation and grading, and take a hands-on role in the fabrication of the carcasses into wholesale and retail products.

Participants will enjoy a series of tours to several successful sheep operations, providing insight into the diversity of lamb production and marketing systems in Ohio - the largest sheep producing state east of the Mississippi River. On Sunday, July 11th, participants will also have the opportunity to attend the genetic presentations offered as part of ASI Regional Genetics Symposium. Details about the program will be made available on NLFA's website: www.nlaf-sheep.org.

Individuals must be 20 years of age or older to apply. There is no fee required to submit an application. Applications, due May 1, 2010, may be downloaded from the NLFA website or requested from the NLFA office at (503) 364-5462 or info@nlfa-sheep.org.

A group of 32 participants will be selected from the applications received. Those accepted will be notified after May 1st and asked to submit a \$200 per person registration fee to confirm their attendance. Each attendee is responsible for the cost of their own transportation to the Ohio school site.

To request an application, contact the NLFA office (503) 364-5462 or info@nlfa-sheep.org or visit the web site: www.nlaf-sheep.org.

The Iowa Sheep Industry Association will award up to two registration scholarships for ISIA members who are accepted to the Howard Wyman Leadership School. If more than two members are accepted a drawing will be held. If you have questions call the Iowa Sheep Industry Association at 712-736-2109 or email info@iowasheep.com.

Receive a
registration
scholarship!

ETHNIC HOLIDAYS AND DEMAND FOR LAMB

Ethnic populations continue to increase across our land and those folks like to eat lamb and goat meat. During their holiday celebrations demand for lamb and goat meat increases and it should be of interest to producers, who may want to develop this niche market, to know when those holidays are celebrated.

The lambs they desire fetch a premium price because they are small and specific. They mostly run from 30-50 pounds; some want 60-80 pounds all depending upon the holiday.

The Kalona market report for February 24, 2010 had a small group of 58 pound lambs at \$170/cwt and a few 74 pound lambs at \$140/cwt.

Not a bad price if you're selling. On a side note, the report also showed eight colostrum fed bottle lambs sold for \$35/head. This may be a great year to be in the sheep business.

Below is a chart showing when many of the 2010 and 2011 holidays are celebrated.

Note that they change from year to year. Future dates and specific information for each can be found easily by searching the internet.

HOLIDAY	2010	2011
Mawlid al-Nabi Prophet's Birthday	March 20	February 15
Passover/Pesach	March 30- April 6	April 19-26
Western Roman Easter	April 4	April 24
Eastern Orthodox Easter	April 4	April 24
Start of Ramadan Month of Fasting	August 11	August 1
Rosh Hashanah	September 9-10	September 29-30
Eid ul-Fitr Festival of Fast Breaking	September 10	August 31
Eid ul-Adha Festival of Sacrifice	November 16	November 6
Chanukkah	December 2-9	December 21-28
Muharram/ Islamic New Year	December 7	November 26
Christmas	December 25	

Nominations being accepted - Deadline March 24th

The Iowa Sheep Industry Association is accepting nominations for the Industry Service Award, Restaurant (or Chef) of the Year and Media award. If you have nominations in mind please submit them to the Iowa Sheep Industry Association by March 24, 2010 with a short description of why you feel they deserve the award.

The only rule is that their nomination be based upon service to the sheep industry in Iowa or that American lamb is being promoted by a chef or served at the restaurant. Don't delay send your nominations to ISIA, 5771 230th St, Sibley, IA 51249 or email info@iowasheep.com.

A BIT OF THIS AND THAT

BY: MARSHA SPYKERMAN

Have you ever wondered how long the Iowa Sheep Industry Association has been around? Actually not that long with Articles of Incorporation being signed on April 27, 1985. Previous to that the Sheep Producers Association was in existence, incorporated in 1972.

Looking through the file cabinets in the ISIA office can be quite an experience with records of earlier sheep days in Iowa. Currently there are three active county/local sheep groups in Iowa. They are Greene County Sheep Producers, Madison County Sheep Producers and Northwest Iowa Sheep Producers. A 1988 booklet from the Iowa Department of Agriculture & Land Stewardship details the officers involved in 45 county/local sheep groups from across Iowa. The booklet also lists officers from 14 of the state sheep groups which included breed associations and also the Natural Colored Wool Growers Association.

Currently Iowa ranks tenth in number of sheep in the nation but did you know at one time we ranked second only to Texas? In 1967 Iowa boasted over one million head of sheep and January 1, 2010 our numbers totaled 210,000.

It is a known fact that sheep production in the United States does not keep up with the demand. None of us like the imports but they are a necessity. We need them so we don't lose even more market share to beef, pork and chicken. It also means there is tremendous room for growth. Is there room for growth in Iowa?

The 2007 Census of Agriculture, which was released in 2009 and updated earlier this year, details a number of interesting facts. One is that "more than 50 percent of the total value of U.S. sheep and goat sales comes from the top six states" of which Iowa is number four. The value of sales for sheep and goat in Iowa increased \$16.8 million from 2002 to 2007, ranking second only to California.

ISIA PRESIDENTS	
1984-85	Bob Kimm
1985-86	Larry Handlos
1986-87	Delmar Smith
1987-88	Curt Clancy
1988-89	Verlyn Fink
1989-90	Dwight Dial
1990-91	Verlan Struik
1991-92	Don Faidley
1992-93	Joe Warrick
1993-94	Bob Spenner
1994-95	Richard Stanerson
1995-96	Waine Kirby
1997	Pat Greiner
1998	Mark Loutsch
1999-2000	Mary Cory
2001	Pat Meehan
2002	John Stoka
2003-2004	Terry Etheredge
2004-2006	Jim Timmins
2006-2007	Chris Osborn
2007-2009	Ben Johnson
2009	Steve Bernhard

Across the U.S. family farms make up more than 90 percent of sheep and goat operations and account for 73 percent of the inventory and 67 percent of the sales. They also detail that the number of female producers has increased as has the average age of producers and that less than two percent of producers obtain all of their income from farming.

A little more about sheep people in Iowa is detailed listing past presidents of the Iowa Sheep Industry Association, past Hall of Fame/Industry Service Awardees and Iowa Sheep & Wool Festival Dedications.

ISIA HALL OF FAME/ INDUSTRY SERVICE	
1986	Dewey Jontz
1987	Carl Gilman
1988	Don Pullin
1989	Tom Wickersham & Don Warner
1990	Hank Koch
1991	H. Kruchshank
1992	Glen & Helen Randau
1993	No Award Given
1994	Ernie Rotter
1995	Riley & Doris Gillette
1996	Dr Paul Eness
1997	John & Carol Jean White
1998	Glee Mulden
1999	No Award Given
2000	No Award Given
2001	Steven Olson
2002	Gary M. Erickson
2003	Dennis DeWitt
2004	Pat Greiner & Mark Loutsch
2005	Dennis Wolf & Bob Kimm
2006	Margie Meehan
2007	Dr. Dan Morrical
2008	Erlene Leonard

IOWA SHEEP & WOOL FESTIVAL DEDICATIONS	
2005	Dr. Daniel G. Morrical, PhD
2006	Dr. Paul Eness, DVM
2007	John & Carol Jean White
2008	Festival Flooded out
2009	Gary & Sharon Erickson

COMMERCIAL BREEDING STOCK FOR SALE

Ewes and Ewe Lambs - White faced - Romney x Coopworth ewes and ewe lambs. Exposed - Due to lamb April 1, 2010. Pat & Margie Meehan 563-926-2573 (3/10)

Registered Suffolk Ewes of various ages. Kimm breeding; available in March 1st to start lambing in March. Paul Eness. (515) 547-2302.(2/10)

Border Collies: Taking deposits for ABCA Reg Border Collie Pups due to whelp March 2010.

Both parents working and out of working lines. Pups from May 09 litter already working. Deposit \$250/\$250 at pick-up. Spayed, 3-year-old Border Collie, unregistered. Great farm dog, pet or companion, \$100 OBO. Alden 515-854-2060, www.waynescustomleather.com (1/10)

Free listing for ISIA members. Ads must be limited to 50 words and will run in four issues

(date in parenthesis indicates first issue). Ads may be re-submitted for an additional four months at a time. Send ad information along with name, address, phone and email to the ISIA office at 5771 230th St., Sibley, IA 51249, or info@iowasheep.com by the 25th of the month for publication in the following month's newsletter. Newsletter is published 11 times/year with a July/August issue.

IRISH STEW HISTORY

By Peggy Trowbridge Filippone, *About.com*

Irish stew is a filling, flavorful peasant dish made with the cheapest, most readily-available ingredients. The Irish raised primarily sheep and root crops for subsistence. The sheep provided wool for warm clothing, milk for drinking and making cheese, and eventually food. Potatoes were the main food crop, prior to the potato famine.

Irish stew is traditionally made of lamb or mutton (less tender sheep over one year of age), potatoes, onions, and parsley. Often, lamb or mutton neckbones, shanks, and other trimmings were the only basis for the stock. Yet, these would-be discards still held enough flavor after a long simmering process to do justice to a hearty bowl of stew.

The root vegetables added further flavor and thickening power, as well as filling sustenance. Some cooks added turnips or parsnips, carrots, and barley when available.

When the Irish people began immigrating to the United States, fleeing from the ravages of starvation caused by the potato famine, they naturally brought along their wonderful hearty food traditions. The stew evolved and adapted to include the local offerings.

Sheep were not as plentiful in America, so other types of meat were often substituted. When made in the traditional manner, the result is very thick and hearty, not thin like soup. Some variations have exalted this original peasant dish to near gourmet status.

Live a little on your "Irish" side this month and try some Irish Lamb Stew and Irish Soda Bread (recipes from *About.com*).

Irish Lamb Stew

- 1/2 pound thickly sliced bacon, diced
- 3 pounds boneless lamb shoulder, cut into 2 inch pieces
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/4 cup all-purpose flour
- 2 small cloves garlic, minced
- 1 medium yellow onion, chopped
- 1/4 cup water
- 2 cups lamb or beef stock
- 2 teaspoons white sugar
- 2 cups diced carrots
- 1 large onion, cut into bite-size pieces
- 2 potatoes, diced
- 1/2 teaspoon dried thyme
- 1 cup red wine

Place bacon in a large, deep skillet. Cook over medium high heat until evenly brown. Drain, crumble, and set aside. Put



lamb, salt, pepper, and flour in large mixing bowl. Toss to coat meat evenly. Brown meat in frying pan with bacon fat. Place

meat into stock pot (leave 2 tablespoons of fat in frying pan). Add the garlic and yellow onion and sauté till onion begins to become golden. Deglaze frying pan with 1/2 cup water and add the garlic-onion mixture to the stock pot with bacon pieces, lamb stock, and sugar. Cover and simmer for 1 1/2 hours. Add carrots, onions, potatoes, thyme, and wine to pot. Reduce heat, and simmer covered for 20 minutes until vegetables are tender.

Irish Soda Bread

- 4 cups whole wheat flour
- 1 cup bread flour
- 1/3 cup rolled oats
- 1 teaspoon baking soda
- 1 teaspoon salt
- 2 1/2 cups buttermilk

Preheat oven to 425 degrees F. Lightly grease two baking sheets. In a large bowl, stir together whole wheat flour, white flour, rolled oats, baking soda and salt. Gently mix in the buttermilk until a soft dough is formed. Knead very lightly. Divide dough into 4 pieces; form into rounded flat loaves. Mark each loaf with an 'X' and place on prepared baking sheets. Bake in preheated oven until golden brown, about 30 to 45 minutes.

Calendar of Events

March 15 - Deadline for submitting funding requests to the Iowa Sheep and Wool Promotion Board to be reviewed at their April 15, 2010 meeting. For more information contact: Jean Van Houweling, Executive Secretary, PO Box 35633, Des Moines, IA 50315. Email j.vanhouweling@mchsi.com

March 16 - 6:30 p.m. - Madison County Annual Meeting and Lamb Banquet, Madison County Fairgrounds, Winterset, Iowa.

March 20 - 6:30 p.m. - Greene County Annual meeting, Jefferson, Iowa. For more information contact Steve Karber, 515-386-8216.

April 10 - Iowa Federation of Spinners and Weavers Spin-In. Plymouth Congregational Church, 43rd & Ingersoll, Des Moines, IA. Workshop with Carol Rhodes will be held on April 11th. Details may be found at www.desmoinesweaversguild.org.

April 15 - 7 p.m. - Iowa Sheep and Wool Promotion Board conference call meeting.

May 1 - Kimm Suffolks Annual Production Sale at Tippie Beef Center, Kirkwood Community College Campus, Cedar Rapids, Iowa. See Kimm Suffolks ad on back page of newsletter. Bob Kimm, 1636 W Ave, Dysart, IA 52224, 319-476-3875, bbkimm@fctc.coop.

June 12 - Iowa Sheep Industry Association Annual meeting, Adel, Iowa in conjunction with the 6th Annual Iowa Sheep & Wool Festival.

June 12 - 13 - 6th Annual Iowa Sheep & Wool Festival, Dallas County Fairgrounds, Adel, Iowa. Check at www.iowasheep.com and click on the Festival tab.

July 10 - 14 - Howard Wyman Sheep Industry Leadership School, Columbus, Ohio. Applications are due May 1, 2010. To request an application or for more information contact the National Lamb Feeders Association office (503) 364-5462 or info@nlfa-sheep.org or visit the NLFA website at www.nlfa-sheep.org.

November 5 - 7 - 2nd Annual Iowa Wool Gatherers' Retreat, Barn on the Bluff, Elkader, Iowa. Details will be posted at www.iowasheep.com as they become finalized. Contact Margie Meehan with questions at tipperaryfiberstudio@yahoo.com or 563-926-2573.

Do you have an event that you would like to place in the Lamb & Wool newsletter? Please send information by the 15th of the month preceding publication date of newsletter. Submit via email at info@iowasheep.com or phone 712-736-2109.



BANNER ADS AVAILABLE AT IOWASHEEP.COM

The Board of Directors approved Banner advertising on the front page of the ISIA website at www.iowasheep.com. If you are interested contact the Iowa Sheep Industry Association to make arrangements. Cost for each banner is \$100 per month.

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MID-STATES WOOL GROWERS WOOL MARKETER

Sheep and Goat Auction

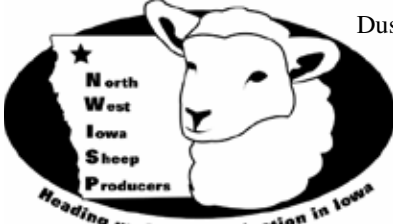
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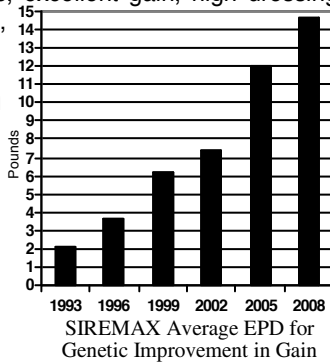
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